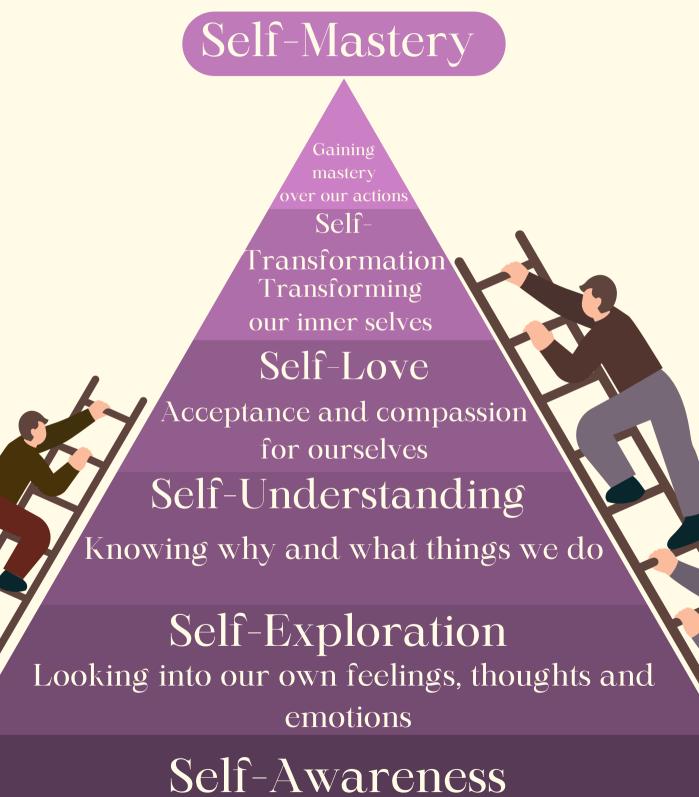


Pyramid of Self-Mastery



Knowing that something needs to be changed